RUSA 2.0
Promoting Mental Health in Schools: a Collaborative Bio Psychosocial Mental Health programme

invites you to the

MUSIC THERAPY/ SONG WRITING WORKSHOP
(4 week program)

CHAIR GUEST
Dr. M Prameela Gurumurthy
Vice Chancellor
TamilNadu Music & Fine Arts University

From 2nd July, 10:30am

RESOURCE PERSONS

Bhuvaneswari Ramesh
Tutor/Music Therapist/ PhD Research Scholar
Center for Music Therapy Education and Research (CMTER)
Sri Balaji Vidyapeeth (SBV), Puducherry
Regional Liaison - South East Asia
World Federation of Music Therapy

Vikram Kannan
Faculty/Music Therapist
Chennai School of Music Therapy (CSMT)
Chennai

PRINCIPAL INVESTIGATORS

Dr.S.Thenmozhi
Professor & Head,
Department of Counselling Psychology

Dr.Rajshri Ramakrishna
Associate Professor & Head(i/c)
Department of Music

Dr.S. Yamini Sudhalakshmi
Assistant Professor
Department of Medical Biochemistry

REGISTER HERE
Music therapy has a long history of work with children and adolescents and might be helpful for school children to meet their Social, Emotional and Behavioral needs.

Research on the impact of music interventions has indicated positive effects on a variety of skills. These findings suggest musical interventions may have further potential to support educational processes and development of children. Songwriting is used as a tool to build the confidence and self-belief to articulate powerfully how they are feeling and important issues that affect children. Songwriting has proven to be an effective technique in developing group cohesiveness, enhancing self-expression, increasing self-esteem, and developing insight into feelings and needs, both of self and of others. It can provide children with opportunities for self-expression and communication.

Music therapy can also give children the opportunity to identify their strengths, providing a way for them to focus on higher level social and academic skills, including empathy, turn taking, compromise and problem solving skills in social situations
INAUGURATION SCHEDULE

Tamil Thaai Vazhthu

Welcome Speech

About the Program

Chief Guest Address

Vote of Thanks

The session will begin at 11 am