

COURSE: P.G. DIPLOMA IN COUNSELLING AND PSYCHOTHERAPY

Duration: 10 months (August 2017- April 2018)

Exam Schedule: 23rd -27th April 2018

Course Director: Dr.S.Thenmozhi,

Associate Professor and Head i/c.,
Dept. of Counselling Psychology,
University of Madras.

Classes: Only Friday & Saturdays

SCHEDULE FOR THE ACADEMIC YEAR 2017-18					
Month	Date	Day	10:00-11:00 A.M	11:00 -1:00 P.M	Noon (2:00 -4:00 P.M)
Aug	4	Friday	Theory & Practice Of Counselling & Psychotherapy	Psychopathology	Peer Counselling & Verbatim Correction
	5	Saturday	Peer Counselling & Verbatim Correction		Peer Counselling & Verbatim Correction
	18	Friday	Theory & Practice Of Counselling & Psychotherapy	Psychopathology	Theory & Practice Of Counselling & Psychotherapy -Unit 2-Stage-1
	19	Saturday	Theory & Practice Of Counselling & Psychotherapy -Unit 2-Stage-2		Peer Counselling & Verbatim Correction
	26	Saturday	Theory & Practice Of Counselling & Psychotherapy -Unit 2-Stage-3		Peer Counselling & Verbatim Correction
Sep	1	Friday	Theory & Practice Of Counselling & Psychotherapy	Psychopathology	School, Family, Marital & Workplace Counselling -Unit 1 & 2
	2	Saturday	Peer Counselling & Verbatim Correction		Peer Counselling & Verbatim Correction
	15	Friday	Theory & Practice Of Counselling & Psychotherapy	Psychopathology	School, Family, Marital & Workplace Counselling -Unit 2 & 3
	16	Saturday	Peer Counselling & Verbatim Correction		Peer Counselling & Verbatim Correction
Oct	6	Friday	Theory & Practice Of Counselling & Psychotherapy	Psychopathology	School, Family, Marital & Workplace Counselling - Unit 3 & 4
	7	Saturday	Peer Counselling & Verbatim Correction		Peer Counselling & Verbatim Correction
	20	Friday	Theory & Practice Of Counselling & Psychotherapy	Psychopathology	School, Family, Marital & Workplace Counselling -Unit 4 & 5
	21	Saturday	Peer Counselling & Verbatim Correction		Peer Counselling & Verbatim Correction
	27	Friday	Theory & Practice Of Counselling & Psychotherapy	Psychopathology	Peer Counselling & Verbatim Correction
	28	Saturday	Peer Counselling & Verbatim Correction		Peer Counselling & Verbatim Correction
Nov	3	Friday	Theory & Practice Of Counselling & Psychotherapy	Psychopathology	Peer Counselling & Verbatim Correction
	4	Saturday	Peer Counselling & Verbatim Correction		Peer Counselling & Verbatim Correction
	17	Friday	Theory & Practice Of Counselling & Psychotherapy	Psychopathology	Peer Counselling & Verbatim Correction
	18	Saturday	Peer Counselling & Verbatim Correction		Peer Counselling & Verbatim Correction
	24	Friday	Theory & Practice Of Counselling & Psychotherapy	Psychopathology	Peer Counselling & Verbatim Correction
	25	Saturday	Peer Counselling & Verbatim Correction		Peer Counselling & Verbatim Correction

Dec	1	Friday	Theory & Practice Of Counselling & Psychotherapy	Psychopathology	Peer Counselling & Verbatim Correction
	2	Saturday	Peer Counselling & Verbatim Correction		Peer Counselling & Verbatim Correction
	15	Friday	Theory & Practice Of Counselling & Psychotherapy	Psychopathology	Peer Counselling & Verbatim Correction
	16	Saturday	Peer Counselling & Verbatim Correction		Peer Counselling & Verbatim Correction
Jan-18			Field Work & Case Studies Submission		
Feb			Field Work & Case Studies Submission		
Mar			Field Work & Case Studies Submission		

Certificate Course on Autism Spectrum Disorders

(August 2017- October 2017)

TIME TABLE:

Schedule of Theory Sessions

Date	Topics for Theory	Duration
5 th Aug Sat	Understanding ASD – Core deficits	2 hours
	Understanding ASD & High functioning children with Autism (HFA)	2 hours
19 th Aug Sat	Introduction to Sensory Integration (OT) & Intervention	2 hours
26 th Aug Sat	Speech and Language Development	2 hours
16 th Sep Sat	Informal Assessment Tools and Checklists & Behaviour Checklist	2 hours
	Interventions for ASD – Early Childhood	2 hours
23 rd Sep Sat	Curriculum planning and IEP	2 hours
7 th Oct Sat	Teaching and Learning Strategies, Structured Teaching	3 hours
21 st Oct Sat	Behaviour Management	2 hours
	Multiple Intelligence, Learning styles and Learning Profile & IEP	2 hours
28 th Oct Sat	Inclusive Education – Intervention in a mixed ability class / Differentiated Instruction	3 hours
	Total	24 Hours

Practical sessions will commence from August 8th up to October 24th

Total number of Practical Sessions: - 24 Hours

(Taking in consideration the total no. of students to be about 25 to 30, the students will be divided into II batches)

Batch I (About 12 to 15 candidates)

August - 8th Tuesday
August - 18th Friday
August - 22nd Tuesday
August - 29th Tuesday

} 2 hrs x 4 weeks = 8 hours

September - 1st Friday
September - 8th Friday
September - 12th Tuesday

} 2 hrs x 3 weeks = 6 hrs

October 6th Friday
October 10th Tuesday
October 13th Friday
October 20th Friday
October 24th Tuesday

} 2 hrs x 5 weeks = 10 hrs

Total – 24 hrs

Batch II (About 12 to 15 candidates)

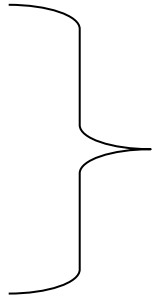
August 10th - Thursday
August 17th - Thursday
August 24th - Thursday
August 28th - Monday

} 2hrs x 4 weeks = 8hrs

September 7th Thursday
September 11th Monday
September 14th Thursday

} 2hrs x 3Weeks = 6 hrs

October 5th - Thursday
October 9th - Monday
October 12th - Thursday
October 19th - Thursday
October 23rd Monday



2hrs x 5 Weeks=10 Hrs

Total 24 Hours

Address For Practical Classes:

SANKALP - THE LEARNING CENTRE AND SAHAYIKA.
4, Sathalwar Street, Mugappair West,
Chennai-600 037
Tel. number: 044 26520062
E mail: shalini.pillay@sankalpnet.org
Website: www.sankalpnet.org

COURSE DESCRIPTION AND BENEFITS:

School can be a challenging experience for students on the Autism Spectrum, especially when teachers are unaware of how to work with them. Students with autism can experience issues in verbal fluency and paying attention. They may lack social cues and differentiated responses and can be unresponsive to questions, tasks, or demands. The implementation of the Right to Education Act (RTE) 2009 has made it imperative for teachers who are educating autistic children to understand the behavioural challenges that the children face in a mainstream classroom setting.

It is mandatory for people interested in working with children with Autism to be empowered to understand the strengths of these children in all areas of development.

The course will comprise of topics such as:

- Definition and prevalence
- Characteristics
- Evidence-based methods and interventions that will help teachers to understand the condition
- Provide the needed inputs to work with all the children on the spectrum.

Sankalp is an organisation that is dedicated towards the cause of Autism and Learning Disabilities. The institution has experience of running the Learning Centre for two decades with experienced staff. In an MOU with the Department of Counselling Psychology, University of Madras, Sankalp is planning to conduct a three month “**Certificate course in Autism Spectrum Disorders**”.

The course will be a combination of theory and practical. There will be a written examination at the end of the course. The certificate will be issued by the University of Madras.

Certificate Course on Learning Disabilities

(August 2017- October 2017)

TIME TABLE:

SCHEDULE OF THEORY SESSIONS

DATE	TOPIC	DURATION
5 th August, Saturday	Unit 1 : Introduction to LD	2 hrs.
19 th August, Saturday	Unit 2 : Types and causes of LD Unit 3: Developmental aspects	2hrs
26 th August, Saturday	Unit 4: Cognitive processes in learning.	4hrs
16 th September, Saturday	Unit 5: Intelligence	2hrs
23 rd September, Saturday	Unit 6: Multi-Sensory teaching strategies.	3 hrs
7 th October, Saturday	Unit 6: Multi-Sensory teaching strategies.	3hrs
21 st October, Saturday	Unit 7: Case Study Unit 8 : Assessment	2hrs
28 th October, Saturday	Unit 9: Building self-esteem Unit 10:Inclusion	2 hrs
	Total	20 Hours

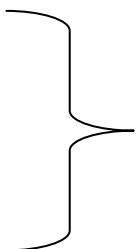
Practical sessions will commence from August 8th up to October 30th

Total number of Practical Sessions: 28 Hours

(Taking in consideration the total no. of students to be about 25 to 30, the students will be divided into II batches)

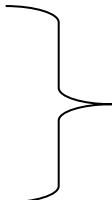
Batch I (About 12 to 15 candidates)

August - 8th Tuesday
August - 18th Friday
August - 22nd Tuesday
August - 29th Tuesday



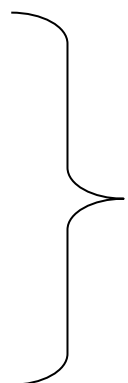
2 hrs x 4 weeks = 8 hours

September - 1st Friday
September - 8th Friday
September - 12th Tuesday



2 hrs x 2 weeks = 4 hrs
3 hrs x 1 week = 3 hrs

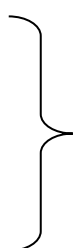
October 6th Friday
October 10th Tuesday
October 13th Friday
October 20th Friday
October 24th Tuesday
October 30th Monday



3 hrs x 1 week = 3 hrs
2 hrs x 5 weeks = 10 hrs
Total - 28 hrs

Batch II (About 12 to 15 candidates)

August 10th - Thursday
August 17th - Thursday
August 24th - Thursday
August 28th - Monday



2hrs x 4 weeks = 8hrs

September 7th Thursday
September 11th Monday



2 hrs x 2 weeks = 4 hrs

September 14th Thursday

3 hrs x 1 week= 3 hrs

October 5th – Thursday

3 hrs x 1 week=3 hrs

October 9th – Monday

October 12th – Thursday

2 hrs x 5 Weeks=10 Hrs

October 19th – Thursday

October 23rd Monday

October 26th Thursday

Total 28 Hours

Address For Practical Classes:

SANKALP – THE OPEN SCHOOL,
No. 6, East Club Road, Shenoy Nagar East,
Chennai-600030
Tel. No.: 044- 47201623
E mail: shalini.pillay@sankalpnet.org
Website: www.sankalpnet.org

COURSE DESCRIPTION AND BENEFITS:

In a mainstream school there is a large mix of children who face challenges in the areas of learning ranging from Dyslexia to ADHD. The teachers are at a loss on how to deal with the variety of Learning Disabilities and Learning Styles exhibited by the students in the classroom. Students with Learning Difficulties (LD) face issues in the areas of reading, writing, spelling and comprehension. The Government of India has issued a circular to admit students with LD and also provide sufficient training to teachers to help them provide the best learning environment for these students.

The course will enable the participants to

- Identify the problems and abilities of children with LD.
- Understand teaching strategies to handle children with LD.
- Plan and design an inclusive classroom.
- Understand various informal assessment tools.

Sankalp is an organisation that is dedicated towards the cause of Autism and Learning Disabilities. The institution has experience of running the Open School catering to the needs of children with Learning Difficulties, for two decades with experienced staff. In an MOU with the Department of Counselling Psychology, University of Madras, Sankalp is planning to conduct a three month “**Certificate course in Learning Disabilities**”.

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